

# MINDSET RESOURCE

## Centering Yourself in Your Teaching

### Skill or Disposition Addressed:

- Intentional Planning
- Intellectual Preparation
- Articulation of Practice



### Connections to Body of Knowledge

- Core Propositions 1-4
- Architecture of Accomplished Teaching



### Use this protocol to:

Reflect on your planning and expectations for teaching and learning. This protocol supports you in highlighting how/where you show up in your practice. This will build the mindset to consider why YOU made the choices you made.



### Protocol:

Consider a lesson you have taught recently:

- What are you teaching, and to whom?
- What is the importance of teaching this lesson?
- How are you teaching it?
- Why are you teaching it this way?
- How will you know students understand the concepts? How will students know?
- What evidence will you collect to demonstrate student learning?



### Connection to NB Process/ Resource:

The process centers you when discussing teaching and learning. This is often a struggle for educators as we often decenter ourselves.



### Additional Resources:

[Improving Your Teaching Practice Through Systematic Reflection](#)

[Quinn's Six Questions Protocol](#)

