

MINDSET RESOURCE

Examining Your Practice

Skill or Disposition Addressed:

- Critical Reflection
- Articulation of Practice
- Application of Learning



Connections to Body of Knowledge

- Core Propositions 1-4
- Architecture of Accomplished Teaching



Use this protocol to:

Reflect on aspects of your current teaching practice to determine your capacity to describe, examine, and articulate learning (DEAL). In this protocol you will reflect on a singular teaching experience to practice the skill.



Protocol:

Consider a lesson you have taught recently:

- **Describe** the lesson, *consider* what actions you took, what did students do,
- **Examine** the lesson, *consider* :
 - What skills did you use or could have used?
 - What strengths helped you, and did you identify gaps in your skills that you intend to address?
- **Articulate** your practice, *consider*:
 - What did you learn about **YOUR** practice?
 - How was your approach to teaching this content influenced by past teaching experience?
 - What **evidence** do you have to support this observation?
 - How will this learning impact your practice and future instruction?



National Board Resource:

[Homeroom: Types of Writing](#)



Additional Resources:

[Edutopia: 5 Minutes of Daily Reflection](#)

