

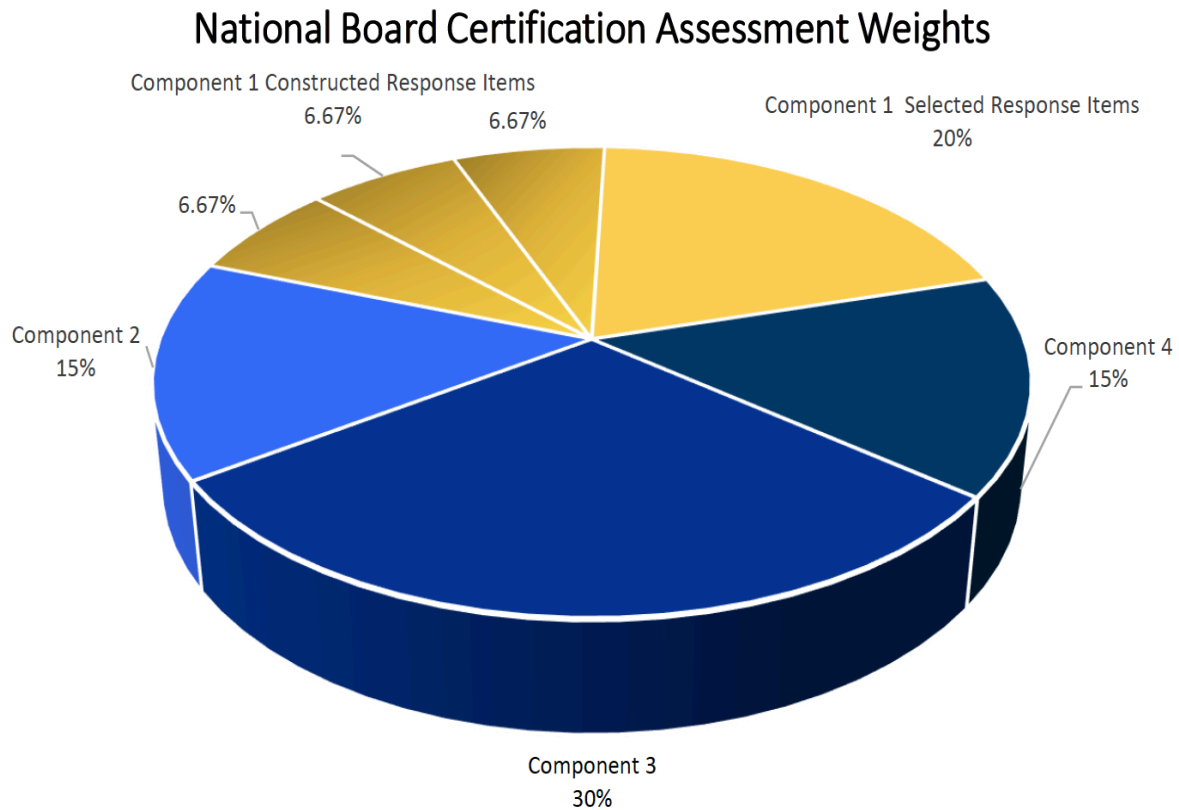
Component 1: Content Knowledge

School Counseling Planning Guide

For this component, you will take a computer-based assessment including 45 multiple-choice questions and 3 essay-type responses. You will demonstrate your knowledge of developmentally appropriate counseling content and school counseling practices.

Weight

40% of the final score



Deadlines

You have some flexibility for when you register and start this component.

- You can create an account, register, and/or purchase this component by February 28.
- After purchasing this component, you will need to register through Pearson Vue to take the assessment.
- The assessment window is March 1- June 15. Please note that spots fill up quickly, so plan accordingly.

Gather and Familiarize

Familiarize yourself with the foundational documents for National Board certification:

- The [Five Core Propositions](#)
- [What Teachers Should Know and Be Able to Do](#)
- The National Board School Counseling [Standards](#)
- [Guide](#) to National Board Certification
- General Portfolio [Instructions](#)
- The Scoring [Guide](#)
- Candidate [FAQs](#)
- [Getting Started](#) on your National Board journey
- Previously Recorded Webinar: Introduction to National Board Certification
- [Two-Year](#) planning guide, [Three-Year](#) planning guide
- [Assessment Center Testing page](#)

Access support resources:

- Find out about candidate support groups and networks in your local area or state.

Standards Covered by Component 1

Selected Response Items:

Standards Content	<i>Approximate Percentage of Selected Response Item Section*</i>
School Counseling Program, Leadership, Advocacy & Professional Identity (Standards I, X)	40%
Human Growth and Development (Standard III)	30%
Counseling Theories, Equity, and Fairness (Standards IV, V)	30%

*These percentages are an approximation only.

Constructed Response Items:

- Exercise 1: School Counseling Program
- Exercise 2: Counseling Theories and Techniques

- Exercise 3: School Climate

See [Component 1: Content Knowledge Assessment Center Policy and Guidelines](#) document for more detailed information related to selected and constructed response items.

Prepare

Familiarize yourself with all documents provided by National Board/ Pearson Vue pertaining to C1:

- [Component 1: Content Knowledge Assessment Center Policy and Guidelines](#)
- [Assessment Center Testing](#)
- [Pearson Vue Testing Info for NBPTS](#)
- [What to expect on test day](#)

Helpful Resources

The following resources may be helpful to School Counselors preparing for Component 1. Please note, NBPTS does not endorse or recommend any specific materials. These have simply been shared by NBCT Counselors as effective study tools.

- [Secrets of National Board Certification Exam Study Guide](#)
- [NBCT School Counselor Test Prep Flash Cards](#)
- Quizlet has many study tools already created for counselors pursuing NBCT.
- Talk to NBCT School Counselors about what worked for them!
- Facebook Groups specifically for School Counselors pursuing NBCT