

**Beginner to Board-Certified
Book Study Schedule**

Mindsets in the Classroom: Building a Culture of Success and Achievement in Schools

By Mary Cay Ricci

February Discuss Chapters 1, 2 and 3

1. What is a growth mindset?
2. What is a fixed mindset?
3. Which is more beneficial and why is it important for teachers, students, and parents?
4. How do mindsets affect the classroom?
5. Are you an eater or a baker? Which mindset do you subscribe to? What evidence do you base your choice on?
6. How can praise for students be detrimental?
7. Describe deficit thinking. How can deficit thinking by a teacher be harmful to students?
8. Why should students be given an opportunity to preview content before pre-assessing?

March Discuss Chapters 4, 5, 6 and 7

1. Why do critical thinking and a growth mindset go hand-in-hand in the classroom?
2. How can students learn from failure?
3. How can a teacher change how students react to failure?
4. How can a teacher educate parents, helping them develop and maintain growth mindsets, especially when talking with their children?
5. How might the title “gifted” manifest a fixed mindset in a student?

April Discuss Chapters 8 and 9

1. How can teachers help students develop and maintain a growth mindset?
2. How can teachers help colleagues develop and maintain a growth mindset?